



॥ न हि ज्ञानेन सदृशं पवित्रमिह विद्यते ॥
Dr. Vitthalrao Vikhe Patil Foundation's
Dr. Vitthalrao Vikhe Patil
College of Engineering Ahmednagar



Event :- “Yoga Day” (C-041)

Date: 22/06/2021

Objectives:

1. To develop the yoga habits amongst students.
2. To enhance the physical ability of students through yoga.
3. To enhance the mental ability of students through meditation.

Outcome: Students Able to understand importance of physical, mental ability through yoga.

Description:

Yoga Day is celebrated in the institute on 21st June 2021 in the morning 8.30 am. On this our students and faculty members have performed yoga through online mode. We had a very good trainer of yoga with his yoga expert team. They guided us with different yoga and meditation techniques.

Resource Person for the event was Mr. Umesh Zoting, National Yoga Trainer, Secretary Ahmednagar District Yoga Prasarak Sanstha, Ahmednagar.

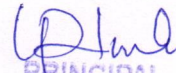
Outcome:-

Students Are able to understand enhancement in physical, mental ability through yoga and meditation.

Recorded Link of the Program :

<https://drive.google.com/file/d/1gingXAsdU98uXKCKloh6ccsuCZa8f6qn/view?usp=sharing>




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Brochure of Program:



॥ न हि ज्ञानेन मर्त्या पवित्रमिह विद्यते ॥
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Trainer
Mr. Umesh Zoting,
National Yoga Trainer,
Secretary, Ahmednagar Distrit
Yog Prasark Santha



We are Celebrating International Yoga Day on 21st June 2021

Join us on Google Meet with the link
<https://meet.google.com/pwp-sbuy-pqa>
Time: 8.30 am

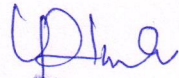
Prof. Nilkanth M. Deshpande
Program Officer-NSS

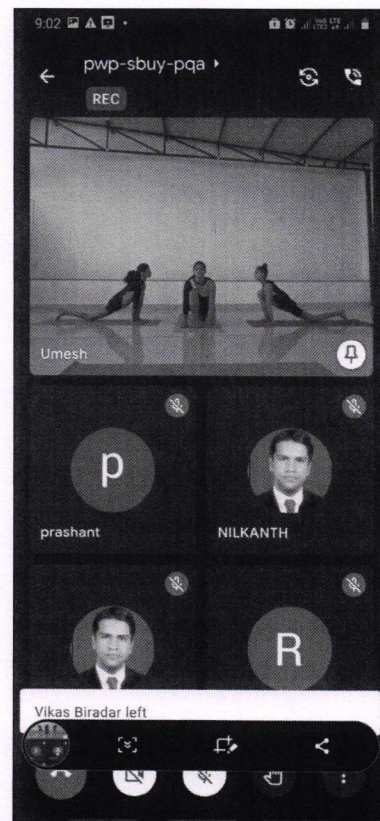
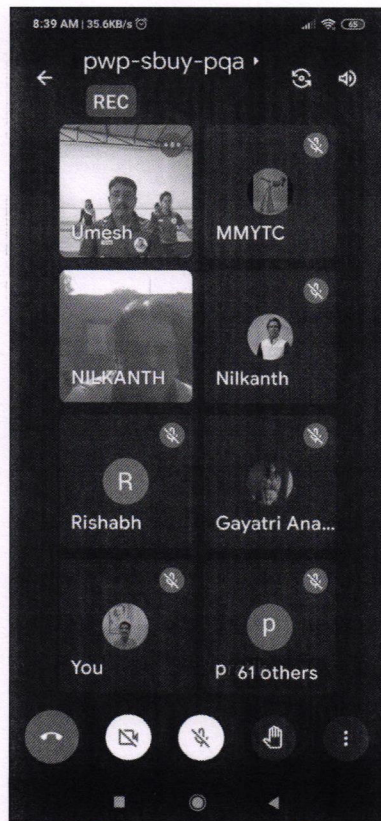
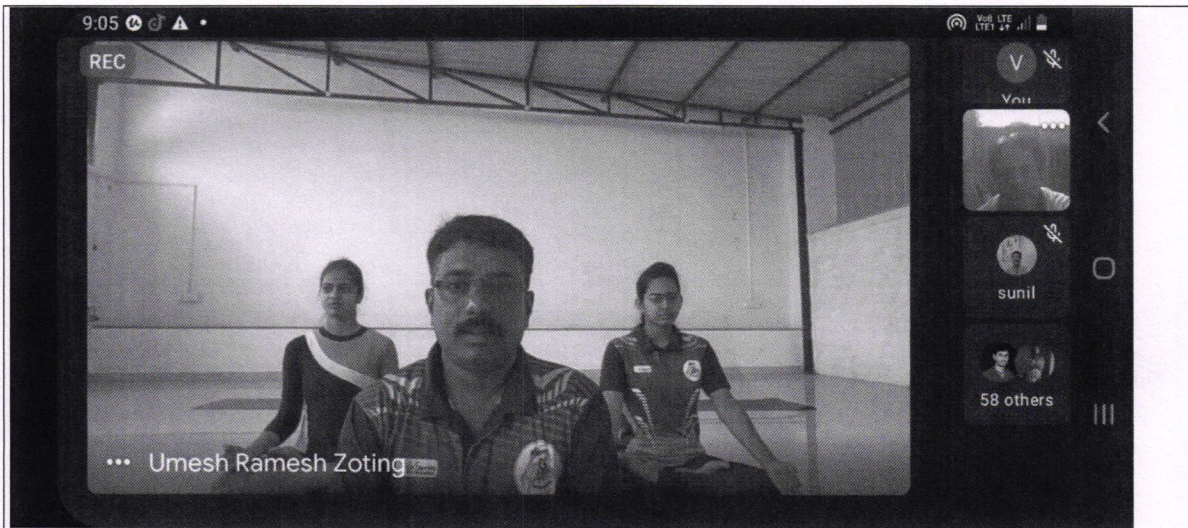


Dr. Uday P. Naik
Principal

Program Photos:




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Feedback From Participants



V. V. Patel
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