

# || न हि ज्ञानेन सदृशं पवित्रमिह विद्यते || Dr. Vitthalrao Vikhe Patil Foundation's

# Dr. Vithalrao Vikhe Patil College of Engineering Ahmednagar DTE College Code: EN-5161



Event :- "Yoga Day" (C-041)

Date: 22/06/2021

#### **Objectives:**

- 1. To develop the yoga habits amongst students.
- 2. To enhance the physical ability of students through yoga.
- 3. To enhance the mental ability of students through meditation.

Outcome: Students Able to understand importance of physical, mental ability through yoga.

## **Description:**

Yoga Day is celebrated in the institute on 21st June 2021 in the morning 8.30 am. On this our students and faculty members have performed yoga through online mode. We had a very good trainer of yoga with his yoga expert team. They guided us with different yoga and meditation techniques.

Resource Person for the event was Mr. Umesh Zoting, National Yoga Trainer, Secretary Ahmednagar District Yoga Prasarak Sanstha, Ahmednagar.

#### Outcome:-

Students Are able to understand enhancement in physical, mental ability through yoga and meditation.

#### Recorded Link of the Program:

https://drive.google.com/file/d/1gingXAsdU98uXKCKloh6ccsuCZa8f6qn/view?usp=sharing

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College of Engineering Ahmednagar

### **Brochure of Program:**



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# Dr. Vithalrao Vikhe Patil College of Engineering Ahmednagar



Trainer
Mr. Umesh Zoting,
National Yoga Trainer,
Secretary, Ahmednagar Distrit
Yog Prasark Santha



We are Celebrating International Yoga Day on 21st June 2021

Join us on Google Meet with the link

https://meet.google.com/pwp-sbuy-pqa

Time: 8.30 am

Prof. Nilkanth M. Deshpande Program Officer-NSS

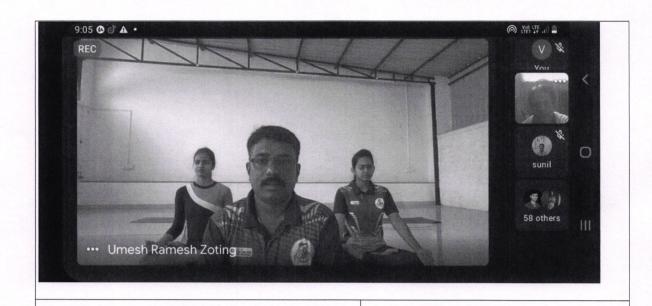


Dr. Uday P. Naik Principal

**Program Photos:** 



PRINCIPAL College of Englinearing Ahmednagar







Feedback From Participants



PRINCIPAL
Dr. Vithalrao Vikhe Patil
College of Engineering
Ahmednagar

9:11 000 .

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× In-call messages

Happy International Yoga Day

NILKANTH DESHPANDE 9 min
anyone from studetns and staffs want to give
feedback

Dr. Manoj Wagh 8 min Excellent

Dr. Deepak Vidhate 6 min
Very nice program Sir....congratulations for successful conduction.....
Happy yoga day to all,...

Pratibha S. Gayke 5 min Very nice program sir

Sandip Najan 5 min very nice progarm

pratik padole 4 min Thankyou Sir very Nice Program We Come To Know Various Yoga Exercises

Rishabh Raskar 2 min
Very nice Program.... Congratulations sir for successful conduction...
Happy yoga to all..

Send message

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