

∥ न हि ज्ञानेन सटॄशं पवित्रमिह विद्यते ∥ Dr. Vitthalrao Vikhe Patil Foundation's



Dr. Vithalrao Vikhe Patil College of Engineering Ahmednagar

Board of Students' Welfare Academic Year 2018-19

Event. 4 - Importance of Hygiene in Menstrual CyclThursday, 7th February 2019 **Name of Activity:** Importance of Hygiene in Menstrual Cycle

Concept: Importance of Hygiene in Menstrual Cycle

Venue: College Girls Hostel

Time: 3:00 pm to 4:30 pm

Participation: In this activity of Nirbhaya Kanya Abhiyan, to educate the girl's students about importance of hygiene in menstrual cycle. On this occasion, sanitary pad vending machine was installed to facilitate sanitary pad to girls students at cheaper rate and easily available in hostel

No. of girls students – 98

No. of teaching and non teaching staff -8

Details: Health talk was organized to answer the queries by girls student about menstrual cycle such as What's the menstrual cycle?, What's normal in menstrual cycle ?, How can we track menstrual cycle?, What are the causes of menstrual cycle irregularities? What can we do to prevent in irregularities of menstrual cycle?



