



॥ नहि ज्ञानेन सदृशं पवित्रमिह विद्यते ॥
DR. VITHALRAO VIKHE PATIL FOUNDATION'S
Dr. VITHALRAO VIKHE PATIL COLLEGE OF ENGINEERING
Affiliated to SPPU, Pune (ID. No. PU/AN/Engg./027/(1983)
& recognized by A.I.C.T.E., New Delhi & Govt. of Maharashtra
Accredited by NAAC, Bangalore



Ref No: CEA/Gen/2021/

Date: 04.05.2021

To,
The Registrar,
SPPU, Pune, 411007.

Subject: Annual report of Internal Complaint Committee (ICC) for the A.Y 2020-2021.

Respected Sir,

As per the SPPU later dated ,16/04/2021, Ref no: ICC/14/2021, Internal Complaint Committee was already exists & there is no any complaint received through online or offline grievance system during the A.Y 2020-2021 from students/Faculty/Stakeholders.

This is for your information please.

Thanking you,

Principal
College of Engineering
Vilad Ghat, A'nagar.

Enclosure:

1. Internal Complaint Committee (ICC) office order.
2. Report of events conducted.

Date: 07/06/2021


Report on ICC Event

- **Date of the expert lecture :** 06/06/2021
- **Time :** 4.00pm to 5.00pm
- **Title:** Webinar on " Health Fitness & Motivation"
- **Name of the expert:** Dr. Rahul Khisti
- **Profile :** Wellness and Mindset Coach ,Ahmednagar
- **Classes attended:** FE,SE,TE & BE students
- **Number of students attended:** 85
- **Venue:** Online Google Meet Platform
- **Event In-charge:** Dr.Satyawati Magar

Topics Covered

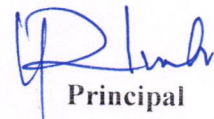
1. Treat yourself to a new outfit.
2. Get fitted for new kicks.
3. Keep things interesting.
4. Be ultra-prepared.
5. Push just a little bit harder.
6. Focus on health and happiness
7. Turn everyday activities into mini-workouts.
8. Think about positive memories only

Objective: To aware student about Physical Development, Mental Development, Social Development, Emotional Development



Event IC

Dr.Satyawati S.Magar



Principal

Dr. Uday P.Naik



PRINCIPAL
Dr. Vitthalrao Vikhe Patil
College of Engineering
Ahmednagar

Photographs of the event

Webinar on "Health Fitness & Motivation" (2021-06-0...


मनाचा गोंधळ मी जाड आहे का बारीक?

नॉर्मल पेक्षा जास्त वजन - वजन जास्त
नॉर्मल पेक्षा जास्त चरबी - स्थूल्य (ओबेसिटी)

नॉर्मल वजन किती हवे -

पुरुष - उंची (से मी) मध्ये - १००
स्त्रीयांमध्ये - उंची - १०५

जास्त चरबी हे कारण आहे शारीरिक आजाराचे -
यामध्ये थकवा येणे, हृदयरोग, हाय बीपी, कोलेस्टेरॉल जास्त,
सांधे दुखी, मधुमेह, पक्षाघात, अनिद्रा, कॅन्सर, गाउटर,
रोगप्रतिकारक शक्ती कमी असणे, अजीर्ण, अपचन, अँसोझीटी,
जरखमा लवकर भरून न येणे, पाठदुखी, टाचदुखी, कंबरदुखी, मानदुखी इ.



Webinar on "Health Fitness & Motivation" (2021-06-0...

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